

My Forefoot surgery

Harish Kurup





Operation

- General anaesthesia
- Day case
- Heel shoe
- Dissolvable sutures
- Pain relief
- 2 weeks follow up
- Wires out 4 weeks
- Discharge at 6 weeks
- May not drive



Complications

- Infection (antibiotics)
- Deep vein thrombosis (stockings/exercises)
- Numbness (injury to a nerve)
- Prolonged swelling/pain
- Recurrence of the deformity
- Stiffness of the joint
- Arthritis
- Metatarsalgia